



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# EXPLORE ABILITIES BUILD CONFIDENCE WITH EVERY STROKE BE A Y-KNOT OTTER!

**A Part of the Y Diverse Abilities Programming**

The Y-Knot Otters adaptive swim program is a fun, non-competitive aquatics program for children with physical and developmental challenges.

- Saturdays 12:30-2:30pm
- Ages 4-21
- 1:1 Instruction in a Fun, Group Setting
- Explore abilities, develop swim skills and sportsmanship, learn water safety.
- Build confidence and achieve goals!
- Have Fun!



For more information, please contact **Danielle Yentz**, Instructional Aquatic Coordinator, 610-647-9622, ext. 2029, [dyentz@ymcagbw.org](mailto:dyentz@ymcagbw.org).

**YMCA OF GREATER BRANDYWINE** [www.ymcagbw.org](http://www.ymcagbw.org)

**UPPER MAIN LINE YMCA** 1416 Berwyn-Paoli Road, Berwyn, PA 19312 610-647-9622 Financial Assistance Available